



NUTRITION GUIDE

Toppers Pizza is committed to serving bold, flavorful food made with quality ingredients, and we're proud to provide the most up-to-date nutrition and allergen information straight from our suppliers.

Please be aware that our products are prepared in a shared kitchen, where cross-contact with allergens may occur, including gluten, dairy, and other allergens. Because of some shared equipment and preparation areas, we cannot guarantee that any item is completely allergen-free.

If you have food allergies or dietary restrictions, let our team members know when placing your order – we'll do our best to accommodate your needs.

We update this guide regularly, so we recommend checking back each time you order. Still have questions? Reach out to our [Customer Service team](#).

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CATERING	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)
Cheezy Marinara Dip N Knots (16 ea, Serves 8)	630	290	32	9	0.5	1.5	0	20	1320	540	63	5	7	1	21
Garden Topper - No Dressing (Serves 8)	60	25	2.5	1.5		0		5	55	340	6	3	3		3
Garlic Knots (15 ea, Serves 8)	470	200	23	4.0	0	1.5	0		660	80	53	2	2	1	11
Grilled Chicken Caesar - No Dressing (Serves 8)	110	45	5.0	2.5		0	0	35	510	390	4	2	2	0	13
Mac n Cheese (Serves 8)	390	170	19	7	0			25	740	85	38		4		14
Wings Bone-In: BBQ 24 ct (Serves 8)	320	190	21	6		7	8	120	760	360	14		10	8	17
Wings Bone-In: Boom Boom 24 ct (Serves 8)	410	320	36	8		7	8	130	700	270	4		2	2	17
Wings Bone-In: Hot Buffalo 24 ct (Serves 8)	270	190	21	6		7	8	120	1400	270	2				17
Wings Bone-In: Hot Honey 24 ct (Serves 8)	330	190	21	6		7	8	120	820	270	17		13	13	17
Wings Bone-In: Mild Buffalo 24 ct (Serves 8)	280	190	21	6		7	8	120	1160	300	4				17
Wings Bone-In: Oven Roasted 24 ct (Serves 8)	270	190	21	6		7	8	120	460	270	2				17
Wings Bone-In: Parmesan Garlic 24 ct (Serves 8)	400	300	34	8		7	8	125	990	270	5		1	1	18
Wings Boneless: BBQ 32 oz (Serves 8)	260	70	8	1.5		4.0	1.5	55	1370	350	28	1	8	6	19
Wings Boneless: Boom Boom 32 oz (Serves 8)	340	170	19	3.0		4.0	1.5	65	1320	280	20	1	1	1	19
Wings Boneless: Chili Crisp 32 oz (Serves 8)	260	70	8	1.5		4.0	1.5	55	1530	350	25	1	5	5	21
Wings Boneless: General Tso's 32 oz (Serves 8)	270	70	8	1.5		4.0	1.5	55	1390	280	28	1	8	8	19
Wings Boneless: Hot 32 oz (Serves 8)	230	70	8	1.5		4.0	1.5	55	1650	280	19	1			19
Wings Boneless: Korean BBQ 32 oz (Serves 8)	270	80	9	1.5		4.0	1.5	55	1510	280	27	1	1		20
Wings Boneless: Mild 32 oz (Serves 8)	230	70	8	1.5		4.0	1.5	55	1520	300	20	1			19
Wings Boneless: Oven Roasted 32 oz (Serves 8)	230	70	8	1.5		4.0	1.5	55	1150	280	19	1			19
Wings Boneless: Parmesan Garlic 32 oz (Serves 8)	330	160	18	3.0		4.0	1.5	60	1550	280	21	1	1	1	20

DIPPIN' SAUCES	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)
Bleu Cheese	260	250	28	6				20	450		2		2	2	2
Boom Boom Sauce	280	270	30	4.5				30	470		4		4	4	
Cheesy Mozzarella	70	35	4.0	2.0	0			10	270	190	4	1	2		4
Chipotle Ranch	260	250	28	4.5				20	530		2		2	2	
Cream Cheese Icing	200	25	3.0	2.0	0	0	0.5	5	60		44		43		0
Dairy Free Ranch	250	230	26						240	25	2				
Garlic Butter	320	310	35	6	0.5				500		1				0
Marinara	40	0	0						370	4.2	9	1	4	1	1
Nacho Cheese Cup	170	120	14	3.0				5	770	110	9		4		2
Parmesan Garlic	260	230	26	4.5				20	1060		5		2	2	2
Ranch Sauce	200	190	22	3.5				20	490		2		1		1
Sour Cream	110	80	9	6				40	95	105	4		2		2

DRIZZLES	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)
BBQ - Large	60								360	105	14		12	9	
BBQ - Medium	45								300	90	12		10	8	
BBQ - Small	35								220	65	9		8	6	
Chili Crisp - Large	35								430	75	7		6	6	2
Chili Crisp - Medium	30								360	65	6		5	5	2
Chili Crisp - Small	20								260	45	4		3	3	1
DF Ranch - Large	120	120	13						120	10	1				
DF Ranch - Medium	100	100	11						100	9.6	1				
DF Ranch - Small	70	70	8						70	6.8	1				
Hot Honey - Large	50								340		14		13	13	
Hot Honey - Medium	45								290		12		11	11	
Hot Honey - Small	30								180		8		7	7	
Mild Buffalo - Large	10								750	35	2				
Mild Buffalo - Medium	10								640	30	2				
Mild Buffalo - Small	0								400	20	1				
Nacho Cheese - Large	80	60	7	1.5				2	370	55	4		2		1
Nacho Cheese - Medium	70	50	6	1.0				2	310	45	4		2		1
Nacho Cheese - Small	45	30	3.5	1.0					190	30	2		1		1
Ranch - Large	100	100	11	2.0				10	250		1		1		1
Ranch - Medium	90	80	9	1.5				10	210		1		0		0
Ranch - Small	60	60	7	1.0				5	150		1		0		0

HOUSE PIZZA CAULI CRUST (FULL)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)
Buffalo Chicken Caulipower Crust	1600	750	85	34	1.0	7	9	230	6160	610	139	7	6	4	77
Buffalo Chicken Mac 'N Cheese Caulipower Crust	2220	1110	126	51	1.0	5.0	7	305	4830	740	176	7	13	4	99
Loaded Tot-ZZA Caulipower Crust	1970	1050	119	40	1.0	2.0	5	220	3240	1010	165	10	7	4	67
Mac 'n Cheese Caulipower Crust	1930	960	108	46	1.0			245	3240	600	165	6	12	4	77
Maui Topper Caulipower Crust	1600	630	71	32	1.0	2.5	6	220	3480	1080	172	6	46	32	71
Meat Topper Caulipower Crust	1700	840	95	40	1.5	4.5	10	265	3530	1230	134	8	10	4	82
Old School Caulipower Crust	1680	840	95	39	1.0	3.0	7	225	3140	970	143	12	15	4	70
Ragin' Pepperoni Caulipower Crust	4260	3000	339	135	10			890	12690	840	131	8	9	4	180
Smoky BBQ Chicken Caulipower Crust	1940	830	94	45	1.0	4.0	6	300	3880	860	184	6	46	36	92
Toppers Classic Caulipower Crust	1560	750	85	37	1.5	2.5	5	215	2710	1190	138	10	13	4	67
Veggie Classic Caulipower Crust	1330	570	64	28	1.0	0	2.0	155	2030	1170	139	10	12	4	54
WI Cheesemaker Caulipower Crust	1580	730	83	37				250	2990	1610	143	11	11	4	70

HOUSE PIZZA CAULI CRUST (SLICE)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)
Buffalo Chicken Caulipower Crust (Slice)	200	90	11	4.0	0	1.0	1.0	30	770	75	17		1	1	10
Buffalo Chicken Mac 'N Cheese Caulipower Crust (Slice)	280	140	16	6	0	0.5	1.0	40	600	95	22		2	1	12
Loaded Tot-ZZA Caulipower Crust (Slice)	250	130	15	5	0	0	0.5	25	400	125	21	1	1	1	8
Mac 'n Cheese Caulipower Crust (Slice)	240	120	14	6	0			30	400	75	21		1	1	10
Maui Topper Caulipower Crust (Slice)	200	80	9	4.0	0	0	1.0	25	440	135	21		6	4	9
Meat Topper Caulipower Crust (Slice)	210	110	12	5	0	0.5	1.5	35	440	150	17	1	1	1	10
Old School Caulipower Crust (Slice)	210	100	12	5.0	0	0	1.0	30	390	120	18	1	2	1	9
Ragin' Pepperoni Caulipower Crust (Slice)	530	370	42	17	1.5			110	1590	105	16	1	1	1	23
Smoky BBQ Chicken Caulipower Crust (Slice)	240	100	12	6	0	0.5	0.5	40	490	110	23		6	4	11
Toppers Classic Caulipower Crust (Slice)	190	90	11	4.5	0	0	0.5	25	340	150	17	1	2	1	8
Veggie Classic Caulipower Crust (Slice)	170	70	8	3.5	0		0	20	250	150	17	1	2	1	7
WI Cheesemaker Caulipower Crust (Slice)	200	90	10	4.5				30	370	200	18	1	1	1	9

HOUSE PIZZA HAND TOSSED (FULL PIZZA)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)
Buffalo Chicken Hand Tossed Large	2740	950	107	43	1.0	17	15	235	9800	710	299	15	12	4	141
Buffalo Chicken Hand Tossed Medium	1940	680	77	32	1.0	12	10	170	6780	490	206	11	8	3	102
Buffalo Chicken Hand Tossed Small	1060	390	44	18	0.5	7	6	95	3880	270	108	6	4	2	56
Buffalo Chicken Mac 'N Cheese Hand Tossed Large	3570	1420	161	67	1.0	14	13	335	7900	900	351	15	21	4	171
Buffalo Chicken Mac 'N Cheese Hand Tossed Medium	2550	1040	118	50	1.0	10	9	245	5450	620	244	11	15	3	124
Buffalo Chicken Mac 'N Cheese Hand Tossed Small	1400	600	67	28	0.5	6	5	140	3060	340	128	6	8	2	68
Loaded Tot-ZZA Hand Tossed Large	3230	1350	153	52	1.0	10	10	215	5430	1260	335	19	14	4	127
Loaded Tot-ZZA Hand Tossed Medium	2310	990	112	39	1.0	7	7	160	3860	880	232	13	9	3	92
Loaded Tot-ZZA Hand Tossed Small	1280	580	65	22	0.5	4.0	4.0	90	2210	500	123	7	5	2	50
Mac 'n Cheese Hand Tossed Large	3150	1210	136	60	1.0	7	2.5	245	5400	690	334	14	20	4	140
Mac 'n Cheese Hand Tossed Medium	2260	890	101	45	1.0	5.0	1.5	185	3860	480	232	10	14	3	102
Mac 'n Cheese Hand Tossed Small	1220	500	57	25	0.5	2.5	1.0	100	2120	260	121	5	8	2	55
Maui Topper Hand Tossed Large	2690	750	85	40	1.0	11	11	215	5760	1370	344	13	69	44	133
Maui Topper Hand Tossed Medium	1930	560	64	30	1.0	7	8	160	4100	960	239	9	49	31	97
Maui Topper Hand Tossed Small	1050	320	37	17	0.5	4.0	4.5	90	2290	530	125	5	27	17	53
Meat Topper Hand Tossed Large	2810	1030	117	51	2.0	13	16	270	5690	1560	291	17	18	4	146
Meat Topper Hand Tossed Medium	2080	790	89	39	1.5	10	13	225	4480	1330	202	12	13	3	113
Meat Topper Hand Tossed Small	1120	440	50	22	1.0	5	7	120	2420	720	105	6	7	2	60
Old School Hand Tossed Large	2830	1060	119	50	1.5	12	12	220	5310	1220	306	23	26	4	132
Old School Hand Tossed Medium	2020	770	87	37	1.0	8	8	165	3760	850	211	16	18	3	95
Old School Hand Tossed Small	1090	430	49	21	0.5	4.5	4.5	90	2040	470	110	8	10	2	51
Pickle Pizza Hand Tossed Large	2990	1230	139	51	1.0	14	19	285	7190	420	290	13	11	4	144
Pickle Pizza Hand Tossed Medium	2070	850	97	37	1.0	9	11	195	4880	290	200	9	8	3	100
Pickle Pizza Hand Tossed Small	1160	510	57	21	0	5	8	115	3040	160	106	5	4	2	56
Ragin' Pepperoni Hand Tossed Large	2920	1190	135	59	2.0	7	2.5	275	6110	1030	288	17	17	4	135
Ragin' Pepperoni Hand Tossed Medium	2100	880	100	45	1.5	5.0	1.5	205	4400	710	199	12	12	3	98
Ragin' Pepperoni Hand Tossed Small	1130	490	55	24	1.0	2.5	1.0	110	2370	390	103	6	6	2	52
Smoky BBQ Chicken Hand Tossed Large	3160	1020	115	57	1.0	13	10	320	6340	1080	365	14	72	52	160

HOUSE PIZZA HAND TOSSED (FULL PIZZA)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)
Smoky BBQ Chicken Hand Tossed Medium	2270	770	87	44	1.0	9	8	240	4500	740	251	10	48	34	117
Smoky BBQ Chicken Hand Tossed Small	1220	430	48	24	0.5	5.0	4.0	130	2450	400	132	5	27	19	62
The Stinger Hand Tossed Large	2790	1000	113	50	2.0	11	11	230	7030	1200	310	17	34	20	128
The Stinger Hand Tossed Medium	2020	740	84	38	1.5	8	8	175	5010	830	217	12	26	16	94
The Stinger Hand Tossed Small	1070	400	45	20	1.0	4.0	4.0	90	2860	450	116	6	17	11	48
Toppers Classic Hand Tossed Large	2630	920	104	47	2.0	11	10	205	4630	1530	296	19	21	4	126
Toppers Classic Hand Tossed Medium	1890	680	77	35	1.5	8	7	155	3320	1070	205	14	15	3	92
Toppers Classic Hand Tossed Small	1020	390	44	20	1.0	4.0	4.0	85	1820	590	107	7	8	2	49
Veggie Classic Hand Tossed Large	2320	670	76	34	1.5	7	6	120	3740	1490	298	19	21	4	108
Veggie Classic Hand Tossed Medium	1660	500	57	26	1.0	5	4.0	95	2650	1050	206	14	15	3	79
Veggie Classic Hand Tossed Small	900	290	33	15	0.5	2.5	2.0	50	1460	560	107	7	8	2	42
WI Cheesemaker Hand Tossed Large	2760	950	107	52	0	7	2.5	270	5200	2150	305	22	19	4	138
WI Cheesemaker Hand Tossed Medium	1920	660	75	36	0	5.0	1.5	190	3610	1490	210	15	13	3	95
WI Cheesemaker Hand Tossed Small	1040	380	43	20	0	2.5	1.0	105	1980	820	110	8	7	2	51

HOUSE PIZZA HAND TOSSED (SLICE)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)
Buffalo Chicken Hand Tossed Large (Slice)	340	120	13	5	0	2.0	2.0	30	1230	90	37	2	1	1	18
Buffalo Chicken Hand Tossed Medium (Slice)	240	90	10	4.0	0	1.5	1.5	20	850	60	26	1	1	0	13
Buffalo Chicken Hand Tossed Small (Slice)	260	100	11	4.5	0	1.5	1.5	25	970	65	27	1	1	0	14
Buffalo Chicken Mac 'N Cheese Hand Tossed Large (Slice)	450	180	20	8	0	2.0	1.5	40	990	115	44	2	3	1	21
Buffalo Chicken Mac 'N Cheese Hand Tossed Medium (Slice)	320	130	15	6	0	1.0	1.0	30	680	75	30	1	2	0	16
Buffalo Chicken Mac 'N Cheese Hand Tossed Small (Slice)	350	150	17	7	0	1.5	1.5	35	770	85	32	1	2	0	17
Loaded Tot-ZZA Hand Tossed Large (Slice)	400	170	19	6	0	1.0	1.0	25	680	160	42	2	2	1	16
Loaded Tot-ZZA Hand Tossed Medium (Slice)	290	120	14	5.0	0	1.0	1.0	20	480	110	29	2	1	0	12
Loaded Tot-ZZA Hand Tossed Small (Slice)	320	140	16	6	0	1.0	1.0	25	550	125	31	2	1	0	13
Mac 'n Cheese Hand Tossed Large (Slice)	400	150	17	8	0	1.0	0	30	680	85	42	2	3	1	18
Mac 'n Cheese Hand Tossed Medium (Slice)	280	110	13	6	0	0.5	0	25	480	60	29	1	2	0	13
Mac 'n Cheese Hand Tossed Small (Slice)	310	130	14	6	0	0.5	0	25	530	65	30	1	2	0	14
Maui Topper Hand Tossed Large (Slice)	340	100	11	5	0	1.5	1.5	30	730	170	43	2	9	5	17
Maui Topper Hand Tossed Medium (Slice)	240	70	8	4.0	0	1.0	1.0	20	510	120	30	1	6	4	12
Maui Topper Hand Tossed Small (Slice)	260	80	9	4.0	0	1.0	1.0	25	570	135	31	1	7	4	13
Meat Topper Hand Tossed Large (Slice)	360	130	15	7	0	1.5	2.0	35	720	190	36	2	2	1	19
Meat Topper Hand Tossed Medium (Slice)	250	100	11	5.0	0	1.0	1.5	25	520	140	25	2	2	0	13
Meat Topper Hand Tossed Small (Slice)	270	110	12	5	0	1.5	1.5	30	560	150	26	2	2	0	14
Old School Hand Tossed Large (Slice)	360	130	15	6	0	1.5	1.5	30	670	150	38	3	3	1	17
Old School Hand Tossed Medium (Slice)	250	100	11	4.5	0	1.0	1.0	20	470	105	26	2	2	0	12
Old School Hand Tossed Myza (Slice)	270	110	12	5	0	1.0	1.0	20	510	115	28	2	2	0	13
Pickle Pizza Hand Tossed Large	370	150	17	6	0	1.5	2.5	35	900	50	36	2	1	1	18
Pickle Pizza Hand Tossed Medium	260	110	12	4.5	0	1.0	1.5	25	610	35	25	1	1	0	12
Pickle Pizza Hand Tossed Small	290	130	14	5	0	1.5	2.0	30	760	40	26	1	1	0	14
Ragin' Pepperoni Hand Tossed Large (Slice)	370	150	17	7	0	1.0	0	35	760	130	36	2	2	1	17
Ragin' Pepperoni Hand Tossed Medium (Slice)	260	110	12	6	0	0.5	0	25	550	90	25	1	1	0	12
Ragin' Pepperoni Hand Tossed Small (Slice)	280	120	14	6	0	0.5	0	30	590	100	26	2	2	0	13

HOUSE PIZZA HAND TOSSED (SLICE)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)
Smoky BBQ Chicken Hand Tossed Large (Slice)	400	130	14	7	0	1.5	1.5	40	790	135	46	2	9	6	20
Smoky BBQ Chicken Hand Tossed Medium (Slice)	280	100	11	5	0	1.0	1.0	30	560	95	31	1	6	4	15
Smoky BBQ Chicken Hand Tossed Small (Slice)	310	110	12	6	0	1.0	1.0	35	610	100	33	1	7	5	16
The Stinger Hand Tossed Large	350	120	14	6	0	1.5	1.5	30	880	150	39	2	4	3	16
The Stinger Hand Tossed Medium	250	90	11	5.0	0	1.0	1.0	20	630	105	27	2	3	2	12
The Stinger Hand Tossed Small	270	100	11	5	0	1.0	1.0	20	710	115	29	2	4	3	12
Toppers Classic Hand Tossed Large (Slice)	330	110	13	6	0	1.5	1.0	25	580	190	37	2	3	1	16
Toppers Classic Hand Tossed Medium (Slice)	240	90	10	4.5	0	1.0	1.0	20	420	135	26	2	2	0	11
Toppers Classic Hand Tossed Small (Slice)	260	100	11	5.0	0	1.0	1.0	20	450	150	27	2	2	0	12
Veggie Classic Hand Tossed Large (Slice)	290	80	10	4.5	0	1.0	0.5	15	470	190	37	2	3	1	14
Veggie Classic Hand Tossed Medium (Slice)	210	60	7	3.5	0	0.5	0	10	330	130	26	2	2	0	10
Veggie Classic Hand Tossed Small (Slice)	220	70	8	3.5	0	0.5	0.5	15	370	140	27	2	2	0	10
WI Cheesemaker Hand Tossed Large (Slice)	350	120	13	6		1.0	0	35	650	270	38	3	2	1	17
WI Cheesemaker Hand Tossed Medium (Slice)	240	80	9	4.5		0.5	0	25	450	190	26	2	2	0	12
WI Cheesemaker Hand Tossed Small (Slice)	260	90	11	5.0		0.5	0	25	490	200	27	2	2	0	13

HOUSE PIZZA THIN (FULL PIZZA)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)
Buffalo Chicken Mac 'N Cheese Thin Large	2710	1310	148	65	1.0	7	10	340	6920	660	198	9	15		141
Buffalo Chicken Mac 'N Cheese Thin Medium	1940	940	107	47	1.0	5.0	7	245	4740	450	140	6	10		102
Buffalo Chicken Mac 'N Cheese Thin Small	1090	530	60	26	0	3.0	4.5	140	2710	260	78	4	6		57
Buffalo Chicken Thin Large	1880	840	94	41	1.0	9	12	240	8820	470	146	9	5		111
Buffalo Chicken Thin Medium	1330	580	66	30	1.0	7	9	170	6080	320	102	6	3		80
Buffalo Chicken Thin Small	750	330	37	16	0	4.0	5	95	3530	190	59	4	2		45
Caulipower King - Medium Only	1600	800	91	40	1.0	2.5	5	250	2850	1000	134	8	10	4	67
Loaded Tot-ZZA Thin Large	2370	1240	140	50	1.0	2.5	7	220	4450	1010	182	12	7		97
Loaded Tot-ZZA Thin Medium	1540	800	91	34	1.0	2.0	5	160	2880	470	112	7	4		68
Loaded Tot-ZZA Thin Small	980	510	58	20	0	1.0	3.0	90	1850	420	74	5	3		40
Mac 'n Cheese Thin Large	2300	1090	123	58	1.0			255	4420	440	181	8	13		110
Mac 'n Cheese Thin Medium	1650	790	89	42	1.0			185	3150	310	129	6	9		80
Mac 'n Cheese Thin Small	910	440	49	23	0			100	1770	180	71	3	5		44
Maui Topper Thin Large	1840	640	72	38	1.0	3.5	9	220	4780	1120	191	7	62	39	103
Maui Topper Thin Medium	1320	460	52	28	1.0	2.5	6	160	3390	790	135	5	44	28	74
Maui Topper Thin Small	740	260	29	15	0	1.5	4.0	90	1940	450	76	3	24	16	42
Meat Topper Thin Large	2020	940	106	50	1.5	6	15	300	5160	1610	139	11	12		124
Meat Topper Thin Medium	1470	690	78	37	1.5	5.0	11	225	3780	1160	98	8	8		91
Meat Topper Thin Small	810	370	42	20	0.5	2.5	6	120	2070	640	56	4	5		50
Old School Thin Large	1980	940	107	48	1.0	4.5	9	225	4330	970	153	16	19		101
Old School Thin Medium	1410	670	76	35	1.0	3.0	7	165	3060	680	107	11	13		73
Old School Thin Small	780	370	41	19	0	2.0	3.5	90	1690	390	61	6	7		40
Ragin' Pepperoni Thin Large	2070	1080	122	58	2.0			285	5130	780	135	11	10		105
Ragin' Pepperoni Thin Medium	1490	780	88	42	1.5			205	3690	550	95	7	7		76
Ragin' Pepperoni Thin Small	820	420	48	23	1.0			110	2020	310	54	4	4		42
Smoky BBQ Chicken Thin Large	2310	910	102	56	1.0	6	8	330	5360	830	212	7	65	47	130
Smoky BBQ Chicken Thin Medium	1660	670	75	41	1.0	4.0	6	240	3800	580	148	5	44	32	95
Smoky BBQ Chicken Thin Small	920	360	41	22	0	2.0	3.0	130	2090	320	83	3	25	18	52

HOUSE PIZZA THIN (FULL PIZZA)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)
Toppers Classic Thin Large	1780	800	91	45	1.5	3.5	7	210	3650	1280	144	13	15		96
Toppers Classic Thin Medium	1280	580	66	33	1.5	2.5	5	155	2620	900	102	9	10		70
Toppers Classic Thin Small	710	320	36	18	0.5	1.5	3.0	85	1460	510	58	5	6		39
Veggie Classic Thin Large	1470	560	63	33	1.0	0	3.5	130	2760	1250	145	13	14		78
Veggie Classic Thin Medium	1050	400	45	24	1.0	0	2.0	95	1950	880	102	9	10		57
Veggie Classic Thin Small	590	220	25	13	0	0	1.5	50	1110	500	58	5	6		31
WI Cheesemaker Thin Large	1870	810	92	48	0			270	4180	1900	151	15	12		105
WI Cheesemaker Thin Medium	1310	560	64	33				190	2910	1320	107	10	9		73
WI Cheesemaker Thin Small	730	310	35	18				105	1620	740	60	6	5		41

HOUSE PIZZA THIN (SLICE)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)
Buffalo Chicken Mac 'N Cheese Thin Large (Slice)	340	160	19	8	0	1.0	1.5	45	870	80	25	1	2		18
Buffalo Chicken Mac 'N Cheese Thin Medium (Slice)	240	120	13	6	0	0.5	1.0	30	590	55	18		1		13
Buffalo Chicken Mac 'N Cheese Thin Small (Slice)	270	130	15	7	0	1.0	1.0	35	680	65	20		1		14
Buffalo Chicken Thin Large (Slice)	240	100	12	5	0	1.0	1.5	30	1100	60	18	1	1		14
Buffalo Chicken Thin Medium (Slice)	170	70	8	3.5	0	1.0	1.0	20	760	40	13		0		10
Buffalo Chicken Thin Small (Slice)	190	80	9	4.0	0	1.0	1.5	25	880	45	15		0		11
Caulipower King - Medium Only (slice)	200	100	11	5.0	0	0	0.5	30	360	125	17		1	1	8
Loaded Tot-ZZA Thin Medium (Slice)	210	110	13	4.5	0	0	0.5	20	390	90	16	1	1		9
Loaded Tot-ZZA Thin Small (Slice)	240	130	14	5	0	0	1.0	25	460	105	18	1	1		10
Loaded Tot-zza Thin Large (Slice)	300	150	17	6	0	0	1.0	25	560	125	23	2	1		12
Mac 'n Cheese Thin Large (Slice)	290	140	15	7	0			30	550	55	23		2		14
Mac 'n Cheese Thin Medium (Slice)	210	100	11	5	0			25	390	40	16		1		10
Mac 'n Cheese Thin Small (Slice)	230	110	12	6	0			25	440	45	18		1		11
Maui Topper Thin Large (Slice)	230	80	9	4.5	0	0	1.0	30	600	140	24		8	5	13

HOUSE PIZZA THIN (SLICE)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polysaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)
Maui Topper Thin Medium (Slice)	160	60	7	3.5	0	0	1.0	20	420	100	17		5	3	9
Maui Topper Thin Small (Slice)	190	60	7	4.0	0	0	1.0	25	490	115	19		6	4	10
Meat Topper Thin Large (Slice)	250	110	13	6	0	1.0	1.5	35	590	160	17	1	1		14
Meat Topper Thin Medium (Slice)	180	80	10	4.5	0	0.5	1.5	25	430	115	12		1		11
Meat Topper Thin Small (Slice)	240	120	13	7	0	0.5	1.5	35	540	130	14	1	1		15
Old School Thin Large (Slice)	250	120	13	6	0	0.5	1.0	30	540	120	19	2	2		13
Old School Thin Medium (Slice)	180	80	9	4.5	0	0	1.0	20	380	85	13	1	2		9
Old School Thin Small (Slice)	190	90	10	4.5	0	0	1.0	20	420	95	15	2	2		10
Ragin' Pepperoni Thin Large (Slice)	260	130	15	7	0			35	640	95	17	1	1		13
Ragin' Pepperoni Thin Medium (Slice)	190	100	11	5	0			25	460	70	12		1		10
Ragin' Pepperoni Thin Small (Slice)	200	110	12	6	0			30	500	80	14	1	1		10
Smoky BBQ Chicken Thin Large (Slice)	290	110	13	7	0	0.5	1.0	40	670	105	27		8	6	16
Smoky BBQ Chicken Thin Medium (Slice)	210	80	9	5	0	0.5	0.5	30	470	70	18		5	4	12
Smoky BBQ Chicken Thin Small (Slice)	230	90	10	6	0	0.5	1.0	35	520	80	21		6	4	13
Toppers Classic Thin Large (Slice)	220	100	11	6	0	0	1.0	25	460	160	18	2	2		12
Toppers Classic Thin Medium (Slice)	160	70	8	4.0	0	0	0.5	20	330	110	13	1	1		9
Toppers Classic Thin Small (Slice)	180	80	9	4.5	0	0	0.5	20	370	125	14	1	1		10
Veggie Classic Thin Large (Slice)	180	70	8	4.0	0		0	15	350	160	18	2	2		10
Veggie Classic Thin Medium (Slice)	130	50	6	3.0	0		0	10	240	110	13	1	1		7
Veggie Classic Thin Small (Slice)	150	60	6	3.0	0		0	15	280	120	14	1	1		8
WI Cheesemaker Thin Large (Slice)	230	100	12	6				35	520	240	19	2	2		13
WI Cheesemaker Thin Medium (Slice)	160	70	8	4.0				25	360	160	13	1	1		9
WI Cheesemaker Thin Small (Slice)	180	80	9	4.5				25	410	180	15	1	1		10

INDIVIDUAL SEASONING PACKETS	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)
Crushed Red Pepper Packet	0	0	0			0			0	20	1		0		0
Parmesan Cheese Packet	10	0	0.5						20						1

LARGE CHEESE BASE (NO SAUCE)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)
Crispy Thin Cheese Pizza Base (Full Pizza)	1270	480	54	32	1.0			130	1800	160	121	7	2		72
Crispy Thin Cheese Pizza Base (per slice)	160	60	7	4.0	0			15	230	20	15		0		9
Hand Tossed Cheese Pizza Base (Full Pizza)	2120	590	67	34	1.0	7	2.5	120	2780	410	274	13	9	4	102
Hand Tossed Cheese Pizza Base (per slice)	270	80	9	4.5	0	1.0	0	15	350	50	34	2	1	1	13

LARGE CHEESE BASE (WITH SAUCE)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)
Crispy Thin Cheese Pizza Base (Full Pizza)	1360	510	57	32	1.0			130	2510	780	133	10	9		75
Crispy Thin Cheese Pizza Base (Per Slice)	170	60	7	4.0	0			15	310	95	17	1	1		9
Hand Tossed Cheese Pizza Base (Full Pizza)	2210	620	70	34	1.5	7	2.5	120	3490	1030	286	17	16	4	105
Hand Tossed Cheese Pizza Base (Per Slice)	280	80	9	4.5	0	1.0	0	15	440	130	36	2	2	1	13

LARGE CRUST	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)
Crispy Thin Crust (Full Pizza)	630	60	7						950	160	119	5	2		21
Crispy Thin Crust (per slice)	80	10	1.0						120	20	15		0		3
Hand Tossed Crust (Full Pizza)	1510	200	22	3.5	0	7	2.5		1980	410	272	11	9	4	54
Hand Tossed Crust (per slice)	190	25	3.0	0		1.0	0		250	50	34	1	1	1	7

LARGE TOPPINGS (FULL PORTIONS)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)
BBQ Sauce	240								1500	450	59		51	39	
Bacon Bits	290	180	21	7		4.0	10	80	1020		2				25
Banana Peppers	10								1070		2				
Black Olives	120	90	10				6		440		4				
Buffalo Chicken	300	130	15	3.0		7	4.5	45	1490	260	21	2	2		21
Buffalo Ranch	190	170	19	3.0				20	1820	65	5		1		1
Canadian Bacon	140	50	6	2.0		1.0	2.5	55	1130	760	2		1		20
Cheddar Cheese	820	600	68	38				225	1350						52
Cheese Curds	640	350	40	22				110	1230	180	42	2	2		30
Cheesemaker Cheese Blend	1150	720	82	48				270	2510	1120	20	7	3		82
Dairy Free Mozzarella	530	410	46	40					1520	60	33				7
Dairy Free Ranch Dressing	430	410	46						410	40	3				
Diced Pepperoni	400	320	36	14				80	1450		1		1		16
Dill	0	0							0	9.4	0				0
Extra Cheddar Cheese	410	300	34	19				110	670						26
Extra Mozzarella Cheese	320	210	23	16	0.5			65	430		1	1			26
Extra Pepper Jack Cheese	400	270	31	19				110	650	85	4				27
Garlic Butter	130	120	14	2.5		8	3.0		140	5.7	0				0
Garlic-Roasted Tomatoes	200	110	12						460		24	8	12		4
Green Onions	0	0	0						0	25	1		1		0
Green Peppers	20	0	0	0		0			0	170	5	2	2		1
Grilled Chicken	180	35	4.0	1.0		0.5	1.0	100	1480	480	3		1	1	31
Ground Beef	190	90	10	4.5	0	0	4.5	55	1150	360	5	3	1		17
Hand Pinched Sausage	420	300	34	12		7	14	80	1030	280	5		3		22
Hot Honey	70								430		18		16	16	
Italian Seasoning															
Jalapenos	25								850		5	2	2		
Light Cheddar Cheese	410	300	34	19				110	670						26
Light Mozzarella Cheese	320	210	23	16	0.5			65	430		1	1			26
Light Pepper Jack Cheese	400	270	31	19				110	650	85	4				27
Mild Buffalo	35								2780	130	7				
Mozzarella Cheese	640	410	47	32	1.0			130	850		2	2			51
Mushrooms	30	0	0	0		0			5	450	5	1	3		4
Nacho Cheese	430	310	35	8				15	1930	280	23		10		5
Noodles	220	10	1.0						15		43	1	1		8
Onions	35	0	0						0	125	8	1	4		1
Pepper Jack Cheese	810	550	62	38				225	1300	170	9				53
Pepperoni	350	290	32	13	1.5			90	1250						15
Pickle Chips	40								1910		10				
Pineapple	60								5		13		11		
Pizza Sauce	90	30	3.5	0.5	0				710	620	13	4	7		3
Ranch Sauce	350	340	38	6				35	860		3		2		2
Roasted Garlic	150	35	4.0	0					15		26	2	1		4
Spicy Cherry Peppers	20								1650		3				
Tater Tots	760	390	44	10					1320	1200	80	8	2		8
Thick Cut Pepperoni	300	240	27	10				65	1190		1		0		14

LARGE TOPPINGS (FULL PORTIONS)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)
Tomatoes	20	0	0			0			5	270	4	1	3		1
Vegan Chicken	310	160	18	5.0					890	65	25	3			11
Vegan Pepperoni	180	130	14	1.5		4.0			710	240	7	1			9

LARGE TOPPINGS (PER SLICE)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)
BBQ Sauce (per slice)	30								190	55	7		6	5	
Bacon Bits (per slice)	35	25	2.5	1.0		0	1.5	10	130		0				3
Banana Peppers (per slice)	0								135		0				
Black Olives (per slice)	15	10	1.0				0.5		55		0				
Buffalo Chicken (per slice)	40	15	2.0	0		1.0	0.5	5	190	35	3		0		3
Buffalo Ranch (per slice)	25	20	2.5	0				2	230	8.3	1		0		0
Canadian Bacon (per slice)	20	5	0.5	0		0	0	5	140	95	0		0		3
Cheddar Cheese (per slice)	100	70	8	4.5				30	170						7
Cheese Curds (per slice)	80	45	5.0	2.5				15	150	20	5		0		4
Cheesemaker Cheese Blend (Per Slice)	140	90	10	6				35	310	140	3		0		10
Dairy Free Mozzarella (Per Slice)	70	50	6	5.0					190	7.4	4				1
Dairy Free Ranch Dressing (Per Slice)	50	50	6						50	5.0	0				
Diced Pepperoni (per slice)	50	40	4.5	2.0				10	180		0		0		2
Dill	0								0	1.2					
Extra Cheddar Cheese (per slice)	50	35	4.0	2.5				15	85						3
Extra Mozzarella Cheese (per slice)	40	25	3.0	2.0	0			10	55		0				3
Extra Pepper Jack Cheese (per slice)	50	35	4.0	2.5				15	80	10	1				3
Garlic Butter (per slice)	15	15	1.5	0		1.0	0		15	0.7					
Garlic-roasted Tomatoes (per slice)	20	10	1.5						50		3		1		0
Green Onions (per slice)	0	0							0	2.8	0		0		
Green Peppers (per slice)	0	0							0	20	0		0		0

LARGE TOPPINGS (PER SLICE)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)
Grilled Chicken (per slice)	25	0	0	0		0	0	15	180	60	0		0	0	4
Ground Beef (per slice)	25	10	1.5	0.5	0	0	0.5	5	140	45	1		0		2
Hand Pinched Sausage (per slice)	50	35	4.0	1.5		1.0	1.5	10	130	35	1		0		3
Hot Honey (per slice)	10								55		2		2	2	
Italian Seasoning (per slice)															
Jalapenos (per slice)	0								95		1		0		
Light Cheddar Cheese (per slice)	50	35	4.0	2.5				15	85						3
Light Mozzarella Cheese (per slice)	40	25	3.0	2.0	0			10	55		0				3
Light Pepper Jack Cheese (per slice)	50	35	4.0	2.5				15	80	10	1				3
Mild Buffalo (Per Slice)	0								350	15	1				
Mozzarella Cheese (per slice)	80	50	6	4.0	0			15	105		0				6
Mushrooms (per slice)	0	0	0						0	55	1		0		1
Nacho Cheese (per slice)	50	40	4.5	1.0					240	35	3		1		1
Noodles (per slice)	25	0	0						0		5		0		1
Onions (per slice)	0	0							0	15	1		0		0
Pepper Jack Cheese (per slice)	100	70	8	5.0				30	160	20	1				7
Pepperoni (per slice)	45	35	4.0	1.5	0			10	160						2
Pickle Chips	5								240		1				
Pineapple (per slice)	5								0		2		1		
Pizza Sauce (per slice)	10	0	0	0					90	75	2		1		0
Ranch Sauce (per slice)	45	45	5.0	1.0				4	105		0		0		0
Roasted Garlic (per slice)	20	0	0	0					0		3		0		1
Spicy Cherry Peppers	0								210		0				
Tater Tots (per slice)	90	50	6	1.0					160	150	10		0		1
Thick Cut Pepperoni (per slice)	40	30	3.5	1.5				10	150		0		0		2
Tomatoes (per slice)	0	0							0	30	0		0		0
Vegan Chicken (Per Slice)	40	20	2.5	0.5					110	8.4	3				1
Vegan Pepperoni (per slice)	25	15	2.0	0		0			90	30	1				1

MEDIUM CHEESE BASE (NO SAUCE)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)
12" Pan Pizza (Full Pizza)	1990	800	91	44	1.0	16	6	120	4030	3540	206	11	5		80
12" Pan Pizza (Per Slice)	250	100	11	5	0	2.0	1.0	15	500	440	26	1	1		10
Crispy Thin Cheese Pizza Base (Full Pizza)	910	350	39	23	1.0			95	1300	115	85	5	2		52
Crispy Thin Cheese Pizza Base (per slice)	110	45	5.0	3.0	0			10	160	15	11		0		7
Hand Tossed Cheese Pizza Base (Full Pizza)	1520	450	51	26	1.0	5.0	1.5	95	2000	280	189	9	6	3	74
Hand Tossed Cheese Pizza Base (per slice)	190	60	6	3.5	0	0.5	0	10	250	35	24	1	1	0	9

MEDIUM CHEESE BASE (WITH SAUCE)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)
12" Pan Pizza (Full Pizza)	2050	820	93	44	1.0	16	6	120	4520	3970	215	14	9		82
12" Pan Pizza (Per Slice)	260	100	12	6	0	2.0	1.0	15	570	500	27	2	1		10
Crispy Thin Cheese Pizza Base (Full Pizza)	980	370	42	24	1.0			95	1790	550	94	7	6		54
Crispy Thin Cheese Pizza Base (Per Slice)	120	45	5	3.0	0			10	220	70	12		1		7
Hand Tossed Cheese Pizza Base (Full Pizza)	1590	470	53	26	1.0	5.0	1.5	95	2500	710	198	12	11	3	76
Hand Tossed Cheese Pizza Base (Per Slice)	200	60	7	3.5	0	0.5	0	10	310	90	25	1	1	0	10

MEDIUM CRUST	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)
12" Pan Pizza (Full Pizza)	1380	410	47	14	0	16	6		3220	3540	204	9	5		32
12" Pan Pizza (Per Slice)	170	50	6	1.5		2.0	1.0		400	440	26	1	1		4
Caulipower Crust	720	210	24	4.0				60	760	400	120	4	4	4	12
Crispy Thin Crust (Full Pizza)	440	45	5.0						670	115	84	3	2		15
Crispy Thin Crust (per slice)	60	5	0.5						85	15	10		0		2
Hand Tossed Crust (Full Pizza)	1050	140	16	2.5	0	5.0	1.5		1380	280	187	8	6	3	37
Hand Tossed Crust (per slice)	130	20	2.0	0		0.5	0		170	35	23		1	0	5

MEDIUM TOPPINGS (FULL PORTIONS)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)
BBQ Sauce	170								1050	310	41		36	28	
Bacon Bits	210	130	15	4.5		2.5	7	55	710		1				17
Banana Peppers	10								710		2				
Black Olives	80	60	7				4.0		290		3				
Buffalo Chicken	210	90	11	2.0		4.5	3.5	35	1060	190	15	1	1		15
Buffalo Ranch	140	120	14	2.0				15	1300	45	4		1		1
Canadian Bacon	200	70	8	3.0		1.5	3.5	80	1610	1090	3		2		29
Cheddar Cheese	600	440	49	28				165	990						38
Cheese Curds	450	250	28	16				80	880	130	30	1	1		21
Cheesemaker Cheese Blend	800	500	56	33				190	1730	770	14	5	2		56
Dairy Free Mozzarella	430	330	38	32					1240	50	27				5
Dairy Free Ranch Dressing	310	290	33						300	30	2				
Diced Pepperoni	300	240	27	11				60	1090		1		1		12
Dill	0	0							0	9.4	0				0
Extra Cheddar Cheese	300	220	25	14				85	500						19
Extra Mozzarella Cheese	230	150	17	12	0			45	310		1				19
Extra Pepper Jack Cheese	300	200	23	14				80	480	65	3				20
Garlic Butter	100	100	11	2.0		6	2.5		110	3.7	0				0
Garlic-Roasted Tomatoes	140	80	9						330		17	6	9		3
Green Onions	0	0							0	10	0		0		0
Green Peppers	15	0	0						0	125	3	1	2		1
Grilled Chicken	130	25	2.5	0.5		0	1.0	70	1030	340	2		1	1	22
Ground Beef	140	70	8	3.5	0	0	3.5	40	860	270	4	3	1		12
Hand Pinched Sausage	310	220	25	9		5.0	10	60	760	210	4		2		16
Hot Honey	60								360		15		13	13	
Italian Seasoning															
Jalapenos	20								680		4	2	2		
Light Cheddar Cheese	300	220	25	14				85	500						19
Light Mozzarella Cheese	230	150	17	12	0			45	310		1				19
Light Pepper Jack Cheese	300	200	23	14				80	480	65	3				19
Mild Buffalo	25								1990	95	5				
Mozzarella Cheese	470	300	34	23	1.0			95	620		2	2			37
Mushrooms	20	0	0			0			0	320	3		2		3
Nacho Cheese	300	220	24	5				10	1350	200	16		7		3
Noodles	160	5	1.0						10		32		1		6
Onions	25	0	0						0	95	6	1	3		1
Pepper Jack Cheese	590	400	45	28				165	950	125	6				39
Pepperoni	250	210	24	9	1.0			65	910						11
Pickle Chips	30								1340		7				
Pineapple	40								5		10		8		
Pizza Sauce	60	20	2.5	0					500	430	9	2	5		2
Ranch Sauce	250	240	28	4.5				25	610		3		1		1
Roasted Garlic	110	25	3.0	0					10		20	1	1		3
Spicy Cherry Peppers	10								1100		2				
Tater Tots	550	280	32	7					960	870	58	6	1		6
Thick Cut Pepperoni	220	170	19	8				45	860		1		0		10

MEDIUM TOPPINGS (FULL PORTIONS)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)
Tomatoes	15	0	0			0			0	200	3	1	2		1
Vegan Chicken	220	110	13	3.5					630	45	18	2			8
Vegan Pepperoni	130	90	10	1.0		2.5			480	160	4				6

MEDIUM TOPPINGS (PER SLICE)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)
BBQ Sauce (per slice)	20								130	40	5		4	3	
Bacon Bits (per slice)	25	15	2.0	0.5		0	1.0	5	90		0				2
Banana Peppers (per slice)	0								90		0				
Black Olives (per slice)	10	5	1.0				0		35		0				
Buffalo Chicken (per slice)	25	10	1.5	0		0.5	0	4	130	25	2		0		2
Buffalo Ranch (per slice)	15	15	1.5	0					160	5.9	0		0		0
Canadian Bacon (per slice)	15	0	0.5	0		0	0	5	100	70	0		0		2
Cheddar Cheese (per slice)	80	50	6	3.5				20	125						5
Cheese Curds (Slice)	60	30	3.5	2.0				10	110	15	4		0		3
Cheesemaker Cheese Blend (Per Slice)	100	60	7	4.0				25	220	95	2		0		7
Dairy Free Mozzarella (Per Slice)	50	40	4.5	4.0					160	6.1	3				1
Dairy Free Ranch Dressing (Per Slice)	40	35	4.0						35	3.5	0				
Diced Pepperoni (per slice)	40	30	3.5	1.5				10	135		0		0		2
Dill	0								0	1.2					
Extra Cheddar Cheese (per slice)	40	25	3.0	1.5				10	60						2
Extra Mozzarella Cheese (per slice)	30	20	2.0	1.5				5	40		0				2
Extra Pepper Jack Cheese (per slice)	35	25	3.0	2.0				10	60	7.9	0				2
Garlic Butter (per slice)	15	10	1.5	0		1.0	0		15	0.5					
Garlic-roasted Tomatoes (per slice)	15	10	1.0						35		2		1		0
Green Onions (per slice)	0								0	1.4	0				
Green Peppers (per slice)	0	0							0	15	0		0		0

MEDIUM TOPPINGS (PER SLICE)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	tTrans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)
Grilled Chicken (per slice)	15	0	0	0		0	0	10	130	40	0		0	0	3
Ground Beef (per slice)	20	10	1.0	0			0	5	110	35	0		0		2
Hand Pinched Sausage (per slice)	40	25	3.0	1.0		0.5	1.5	10	95	25	0		0		2
Hot Honey (per slice)	5								45		2		2	2	
Italian Seasoning															
Jalapenos (per slice)	0								65		0		0		
Light Cheddar Cheese (per slice)	40	25	3.0	1.5				10	60						2
Light Mozzarella Cheese (per slice)	30	20	2.0	1.5				5	40		0				2
Light Pepper Jack Cheese (per slice)	35	25	3.0	2.0				10	60	7.9	0				2
Mild Buffalo (Per Slice)	0								250	10	1				
Mozzarella Cheese (per slice)	60	40	4.5	3.0	0			10	80		0				5
Mushrooms (per slice)	0	0							0	40	0		0		0
Nacho Cheese (per slice)	35	25	3.0	0.5					170	25	2		1		0
Noodles (per slice)	20	0	0						0		3		0		1
Onions (per slice)	0	0							0	9.1	1		0		0
Pepper Jack Cheese (per slice)	70	50	6	3.5				20	120	15	1				5
Pepperoni (per slice)	30	25	3.0	1.0	0			10	115						1
Pickle Chips	0								170		1				
Pineapple (per slice)	5								0		1		1		
Pizza Sauce (per slice)	10	0	0						60	55	1		1		0
Ranch Sauce (per slice)	30	30	3.5	0.5				3	75		0		0		0
Roasted Garlic (per slice)	15	0	0						0		2		0		0
Spicy Cherry Peppers	0								135		0				
Tater Tots (per slice)	70	35	4.0	1.0					120	110	7		0		1
Thick Cut Pepperoni (per slice)	25	20	2.5	1.0				5	100		0				1
Tomatoes (per slice)	0	0							0	20	0		0		0
Vegan Chicken (Per Slice)	25	15	1.5	0					80	5.9	2				1
Vegan Pepperoni (per slice)	15	10	1.0	0		0			60	20	1				1

SMALL TOPPINGS (FULL PORTIONS)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)
BBQ Sauce	90								600	180	24		20	16	
Bacon Bits	120	70	8	2.5		1.5	4.0	30	410		1				10
Banana Peppers	5								480		1				
Black Olives	50	40	4.5				2.5		200		2				
Buffalo Chicken	130	60	6	1.0		3.0	2.0	20	620	110	9		1		9
Buffalo Ranch	80	70	8	1.5				10	780	30	2		0		0
Canadian Bacon	110	40	4.5	1.5		1.0	2.0	45	910	610	2		1		16
Cheddar Cheese	330	240	27	15				90	540						21
Cheese Curds	270	150	17	9				45	530	75	18		1		13
Cheesemaker Cheese Blend	440	270	31	18				105	960	430	8	3	1		31
Dairy Free Mozzarella	220	170	19	16					620	25	13				3
Dairy Free Ranch Dressing	180	180	20						180	15	1				
Diced Pepperoni	170	130	15	6				35	600		1		0		7
Dill	0	0							0	9.3	0				0
Extra Cheddar Cheese	160	120	13	7				45	270						10
Extra Mozzarella Cheese	130	80	9	6	0			25	170		0				10
Extra Pepper Jack Cheese	160	110	12	8				45	260	35	2				11
Garlic Butter	80	70	8	1.5		4.5	2.0		85	2.7	0				
Garlic-Roasted Tomatoes	90	45	5						200		10	3	5		2
Green Onions	0	0							0	10	0		0		0
Green Peppers	10	0	0						0	75	2		1		0
Grilled Chicken	70	15	1.5	0		0	0	40	590	190	1		1	1	13
Ground Beef	80	40	4.0	2.0	0	0	2.0	20	480	150	2	1	0		7
Hand Pinched Sausage	150	110	12	4.5		2.5	5	30	380	105	2		1		8
Hot Honey	45								270		11		10	10	
Italian Seasoning															
Jalapenos	10								340		2		1		
Light Cheddar Cheese	160	120	13	7				45	270						10
Light Mozzarella Cheese	130	80	9	6	0			25	170		0				10
Light Pepper Jack Cheese	160	110	12	8				45	260	35	2				11
Mild Buffalo	15								1190	55	3				
Mozzarella Cheese	260	170	19	13	0			50	340		1				20
Mushrooms	10	0	0			0			0	180	2		1		2
Nacho Cheese	170	120	14	3.0				5	770	110	9		4		2
Noodles	90	0	0						5		18		0		3
Onions	15	0							0	50	3		2		0
Pepper Jack Cheese	320	220	25	15				90	520	70	3				21
Pepperoni	140	110	13	5	0.5			35	500						6
Pickle Chips	20								950		5				
Pineapple	20								0		5		4		
Pizza Sauce	35	15	1.5	0					280	250	5	1	3		1
Ranch Sauce	150	150	16	2.5				15	370		1		1		1
Roasted Garlic	60	15	1.5	0					5		11		0		2
Spicy Cherry Peppers	5								690		1				
Tater Tots	300	150	17	4.0					520	470	32	3	1		3
Thick Cut Pepperoni	120	90	10	4.0				25	460		0		0		5

SMALL TOPPINGS (FULL PORTIONS)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)
Tomatoes	10	0	0						0	120	2		1		0
Vegan Chicken	110	60	6	1.5					310	25	9	1			4
Vegan Pepperoni	80	60	6	0.5		1.5			310	105	3				4

SMALL TOPPINGS (PER SLICE)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)
BBQ Sauce (per slice)	25								150	45	6		5	4	
Bacon Bits (per slice)	30	20	2.0	0.5		0	1.0	10	100		0				2
Banana Peppers (per slice)	0								120		0				
Black Olives (per slice)	15	10	1.0				0.5		50		0				
Buffalo Chicken (per slice)	30	15	1.5	0		0.5	0	5	160	30	2		0		2
Buffalo Ranch (per slice)	20	20	2.0	0					190	7.1	1		0		0
Canadian Bacon (per slice)	15	0	0.5	0		0	0	5	115	75	0		0		2
Cheddar Cheese (per slice)	80	60	7	4.0				25	135						5
Cheese Curds (per slice)	70	40	4.5	2.5				10	130	20	4		0		3
Cheesemaker Cheese Blend (Per Slice)	110	70	8	4.5				25	240	105	2		0		8
Dairy Free Mozzarella (Per Slice)	50	40	4.5	4.0					160	6.1	3				1
Dairy Free Ranch Dressing (Per Slice)	45	45	5.0						45	4.3	0				
Diced Pepperoni (per slice)	40	35	4.0	1.5				10	150		0		0		2
Dill	0								0	2.3					
Extra Cheddar Cheese (per slice)	40	30	3.5	2.0				10	65						3
Extra Mozzarella Cheese (per slice)	30	20	2.5	1.5	0			5	45		0				3
Extra Pepper Jack Cheese (per slice)	40	25	3.0	2.0				10	65	8.6	0				3
Garlic Butter (per slice)	20	20	2.0	0		1.0	0		20	0.7					
Garlic-roasted Tomatoes (per slice)	15	10	1.0						40		2		1		0
Green Onions (per slice)	0	0							0	2.8	0		0		
Green Peppers (per slice)	0	0							0	15	0		0		0

SMALL TOPPINGS (PER SLICE)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)
Grilled Chicken (per slice)	20	0	0	0		0	0	10	150	50	0		0	0	3
Ground Beef (per slice)	20	10	1.0	0			0	5	120	40	1		0		2
Hand Pinched Sausage (per slice)	40	25	3.0	1.0		0.5	1.5	10	95	25	0		0		2
Hot Honey (per slice)	10								65		3		2	2	
Italian Seasoning															
Jalapenos (per slice)	0								85		0		0		
Light Cheddar Cheese (per slice)	40	30	3.5	2.0				10	65						3
Light Mozzarella Cheese (per slice)	30	20	2.5	1.5	0			5	45		0				3
Light Pepper Jack Cheese (per slice)	40	25	3.0	2.0				10	65	8.6	0				3
Mild Buffalo (Per Slice)	0								300	15	1				
Mozzarella Cheese (per slice)	60	40	4.5	3.0	0			15	85		0				5
Mushrooms (per slice)	0	0							0	45	0		0		0
Nacho Cheese (per slice)	40	30	3.5	0.5					190	30	2		1		0
Noodles (per slice)	20	0	0						0		3		0		1
Onions (per slice)	0	0							0	10	1		0		0
Pepper Jack Cheese (per slice)	80	50	6	4.0				20	130	15	1				5
Pepperoni (per slice)	35	30	3.0	1.5	0			10	125						2
Pickle Chips	5								240		1				
Pineapple (per slice)	5								0		1		1		
Pizza Sauce (per slice)	10	0	0	0					70	60	1		1		0
Ranch Sauce (per slice)	35	35	4.0	0.5				4	90		0		0		0
Roasted Garlic (per slice)	15	0	0						0		3		0		0
Spicy Cherry Peppers	0								170		0				
Tater Tots (per slice)	80	40	4.5	1.0					130	120	8		0		1
Thick Cut Pepperoni (per slice)	30	25	2.5	1.0				5	115		0				1
Tomatoes (per slice)	0	0							0	20	0		0		0
Vegan Chicken (Per Slice)	25	15	1.5	0					80	5.9	2				1
Vegan Pepperoni (per slice)	20	15	1.5	0		0			80	25	1				1

MAC 'N CHEESE	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)
Mac N Cheese - Original	770	330	38	14	0			55	1470	170	77	2	8		28

PAN CRUST (FULL PIZZA)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)
Buffalo Chicken Mac 'N Cheese Pan Pizza	3130	1480	167	72	1.0	21	14	305	7650	3870	261	13	13		137
Buffalo Chicken Pan Pizza	2400	1040	117	50	1.0	23	15	200	8810	3740	223	12	6		107
Loaded Tot-ZZA Pan Pizza	2770	1340	152	57	1.0	18	12	185	5880	4140	250	15	8		98
Mac 'n Cheese Pan Pizza	2730	1240	141	63	1.0	16	6	210	5880	3730	250	12	12		108
Maui Topper Pan Pizza	2400	920	104	48	1.0	19	13	185	6120	4210	256	11	47	28	102
Meat Topper Pan Pizza	2500	1130	128	56	1.5	21	17	235	6170	4360	218	14	11		113
Old School Pan Pizza	2480	1130	127	55	1.0	20	13	190	5790	4100	228	17	16		101
Pickle Pizza Pan Pizza	2580	1260	142	55	1.0	20	16	220	6980	3550	218	11	6		104
Ragin' Pepperoni Pan Pizza	2570	1240	140	62	2.0	16	6	235	6420	3970	216	14	10		104
Smoky BBQ Chicken Pan Pizza	2740	1120	127	61	1.0	20	12	270	6530	4000	268	12	47	32	123
The Stinger Pan Pizza	2460	1090	123	55	2.0	19	12	195	7010	4090	234	14	24	13	98
Toppers Classic Pan Pizza	2360	1040	117	53	1.5	19	12	180	5350	4320	222	15	13		97
Veggie Classic Pan Pizza	2130	860	97	44	1.0	17	8	120	4670	4300	223	15	13		84
WI Cheesemaker Pan Pizza	2170	880	100	44	0	16	6	170	5290	4670	226	16	11		85

PAN CRUST (PER SLICE)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)
Buffalo Chicken Mac 'N Cheese Pan Pizza	390	180	21	9	0	2.5	1.5	40	960	480	33	2	2		17
Buffalo Chicken Pan Pizza	300	130	15	6	0	3.0	2.0	25	1100	470	28	2	1		13
Loaded Tot-ZZA Pan Pizza	350	170	19	7	0	2.5	1.5	25	740	520	31	2	1		12
Mac 'n Cheese Pan Pizza	340	160	18	8	0	2.0	1.0	25	730	470	31	1	2		13
Maui Topper Pan Pizza	300	110	13	6	0	2.5	1.5	25	770	530	32	1	6	3	13
Meat Topper Pan Pizza	310	140	16	7	0	2.5	2.0	30	770	540	27	2	1		14
Old School Pan Pizza	310	140	16	7	0	2.5	1.5	25	720	510	28	2	2		13
Pickle Pizza Pan Pizza	320	160	18	7	0	2.5	2.0	25	870	440	27	1	1		13
Ragin' Pepperoni Pan Pizza	320	150	18	8	0	2.0	1.0	30	800	500	27	2	1		13
Smoky BBQ Chicken Pan Pizza	340	140	16	8	0	2.5	1.5	35	820	500	34	1	6	4	15
The Stinger Pan Pizza	310	140	15	7	0	2.5	1.5	25	880	510	29	2	3	2	12
Toppers Classic Pan Pizza	290	130	15	7	0	2.5	1.5	25	670	540	28	2	2		12
Veggie Classic Pan Pizza	270	110	12	6	0	2.0	1.0	15	580	540	28	2	2		11
WI Cheesemaker Pan Pizza	270	110	13	5		2.0	1.0	20	660	580	28	2	1		11

SMALL CHEESE BASE (NO SAUCE)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)
Crispy Thin Cheese Pizza Base (Full Pizza)	510	190	22	13	0			50	720	65	49	3	1		29
Crispy Thin Cheese Pizza Base (per slice)	130	50	5	3.0	0			15	180	15	12		0		7
Hand Tossed Cheese Pizza Base (Full Pizza)	810	250	29	14	0.5	2.5	1.0	50	1080	150	98	5	3	2	40
Hand Tossed Cheese Pizza Base (per slice)	200	60	7	3.5	0	0.5	0	15	270	35	24	1	1	0	10

SMALL CHEESE BASE (WITH SAUCE)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)
Crispy Thin Cheese Pizza Base (Full Pizza)	540	200	23	13	0			50	1010	310	54	4	4		30
Crispy Thin Cheese Pizza Base (Per Slice)	140	50	6	3.0	0			15	250	80	13	1	1		7
Hand Tossed Cheese Pizza Base (Full Pizza)	850	270	30	15	0.5	2.5	1.0	50	1360	390	103	6	6	2	41
Hand Tossed Cheese Pizza Base (Per Slice)	210	70	8	3.5	0	0.5	0	15	340	100	26	2	1	0	10

SMALL CRUST	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)
Crispy Thin Crust (Full Pizza)	250	25	3.0						380	65	48	2	1		8
Crispy Thin Crust (per slice)	60	5	0.5						95	15	12		0		2
Hand Tossed Crust (Full Pizza)	560	90	10	1.5	0	2.5	1.0		740	150	97	4	3	2	19
Hand Tossed Crust (per slice)	140	20	2.5	0		0.5	0		180	35	24	1	1	0	5

SIDES & SALADS	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)
Cheezy Marinara Dip N Knots (5)	1340	640	72	17	1.0	3.0	1.0	25	2500	820	132	9	11	2	38
Garden Topper - no dressing	100	45	5	2.5		0		15	105	510	9	4	4		6
Garlic Knots (5)	1160	520	59	10	1.0	3.0	1.0		1950	180	127	6	8	3	26
Grilled Chicken Caesar Topper - no dressing	210	80	9	5		0.5	0.5	70	1010	600	6	3	2	1	25

TOPPERSTIX (FULL PORTION)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)
3 Cheese GarlicStix Double	2350	750	85	41	0.5	7	2.5	185	3560	520	283	13	9	4	104
3 Cheese GarlicStix Single	1520	460	52	25	0	10	3.5	110	2420	290	188	8	6	3	64
3 Cheese GarlicStix Triple	3440	1030	116	58	0.5	19	7	260	5580	650	427	18	14	7	146
Bacon TopperStix Single	1580	480	55	24	0.5	12	9	110	2350	290	190	9	6	3	78
Bacon TopperStix Triple	3610	1100	125	57	1.5	24	21	275	5510	650	430	20	14	7	185
Birthday Topperstix Single	1790	450	51	14	0	23	10	10	1730	290	291	8	108	19	38
Birthday Topperstix Triple	4150	880	99	30	0.5	42	20	35	3820	650	722	19	306	41	87
Cinnamon TopperStix Single	1160	170	19	4.0	0	10	4.0	2	1390	280	207	8	26	3	37
Cinnamon TopperStix Triple	2600	340	38	8	0	19	8	5	3110	640	476	18	65	7	85
Nachostix Single	1770	610	69	28	0.5	10	6	120	3630	680	206	11	13	3	76
Nachostix Triple	3850	1250	141	62	1.5	19	12	275	7760	1470	460	26	27	7	174
Original TopperStix Single	1430	390	44	21	0.5	10	3.5	70	1840	290	189	9	6	3	66
Original TopperStix Triple	3230	860	98	48	1.5	19	7	170	4180	650	428	20	14	7	152
Pepperoni TopperStix Single	1600	530	59	27	0.5	10	3.5	105	2450	290	189	9	7	3	73
Pepperoni TopperStix Triple	3660	1210	137	64	1.5	19	7	260	5750	650	430	21	15	7	170
PickleStix Single	1500	430	49	22	1.0	5.0	1.5	70	3090	290	195	9	6	3	66
PickleStix Triple	3200	830	93	46	1.5	11	4.0	160	5500	650	435	20	14	7	148
Veganstix Single	1310	340	38	23		7	2.5		2130	320	205	8	6	3	41
Veganstix Triple	2970	760	86	52	0	17	6		4810	710	464	18	14	7	92

TOPPERSTIX (PER PIECE)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)
3 Cheese Garlicstix Double (1 piece)	150	45	5	2.5		0	0	10	220	35	18		1	0	7
3 Cheese Garlicstix Single (1 Piece)	190	60	7	3.0		1.0	0	15	300	35	24	1	1	0	8
3 Cheese Garlicstix Triple (1 Piece)	140	45	5.0	2.5		1.0	0	10	230	25	18		1	0	6
Bacon Topperstix Single (1 Piece)	200	60	7	3.0	0	1.5	1.0	15	290	35	24	1	1	0	10
Bacon Topperstix Triple (1 Piece)	150	45	5	2.5	0	1.0	1.0	10	230	25	18		1	0	8
Birthday Topperstix Single (1PC)	220	60	6	1.5		3.0	1.5		220	35	36	1	14	2	5
Birthday Topperstix Triple (1PC)	170	35	4.0	1.0		2.0	1.0		160	25	30		13	2	4
Cinnamon Topperstix Single (1 Piece)	140	20	2.5	0		1.0	0		170	35	26		3	0	5
Cinnamon Topperstix Triple (1 Piece)	110	15	1.5	0		1.0	0		130	25	20		3	0	4
Nachostix Double (1 piece)	140	45	5.0	2.5	0	0	0	10	260	50	18	1	1	0	7
Nachostix Single (1 Piece)	220	80	9	3.5	0	1.0	0.5	15	450	85	26	1	2	0	10
Nachostix Triple (1 Piece)	160	50	6	2.5	0	1.0	0	10	320	60	19	1	1	0	7
Original Topperstix Single (1 Piece)	170	45	5	2.5	0	1.0	0	10	230	35	24	1	1	0	8

TOPPERSTIX (PER PIECE)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)
Original Topperstix Triple (1 Piece)	130	35	4.0	2.0	0	1.0	0	5	170	25	18		1	0	6
Pepperoni Topperstix Single (1 Piece)	200	70	7	3.5	0	1.0	0	15	310	35	24	1	1	0	9
Pepperoni Topperstix Triple (1 Piece)	150	50	6	2.5	0	1.0	0	10	240	25	18		1	0	7
PickleStix Single (1 Piece)	190	50	6	2.5	0	0.5	0	10	390	35	24	1	1	0	8
PickleStix Triple (1 Piece)	130	35	4.0	2.0	0	0	0	5	230	25	18		1	0	6
Veganstix Single (1 Piece)	160	40	5.0	3.0		1.0	0		270	40	26		1	0	5
Veganstix Triple (1 Piece)	120	30	3.5	2.0		0.5	0		200	30	19		1	0	4

TOPPERSTIX BYO (PER STICK)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)
Apple Pie Filling	10								0	4.9	3		2	2	
Bacon Pieces	20	10	1.5	0		0	0.5	5	65		0				2
Beef	10	0	0.5	0			0	3	60	20	0		0		1
Birthday Sprinkles - Single	10	0	0	0							1		1	1	
Birthday Sprinkles - Triple (1PC)	5	0	0	0							1		1	1	
Butter - Single	10	10	1.0	0		0.5	0		10						
Butter - Triple	5	5	0.5	0		0	0		5						
Cheddar Cheese	15	10	1.0	0.5				4	25						1
Cinnamon Sugar	0										0		0		
Cream Cheese Icing - Single	50	5	0.5	0			0		15		11		11		0
Cream Cheese Icing - Triple	50	5	0.5	0			0		15		11		11		0
Diced Pepperoni	20	15	2.0	0.5				4	75		0				1
Mozzarella Cheese (2.75 oz)	30	20	2.0	1.5				5	40		0				2
Mozzarella Cheese (4.25 oz)	45	30	3.5	2.5	0			10	60		0				4
Nacho Cheese	25	20	2.0	0					120	20	1		1		0
Pepper Jack	20	15	1.5	1.0				5	30	4.3	0				1
Pickle Chip - Single (1 Piece)	0								140		1				
Pickle Chip - Triple (1 Piece)	0								55		0				
Tomatoes	0	0							0	8.4	0		0		
White Icing	10	0	0						0		2		2		

VEGAN PIZZAS (FULL PIZZA)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)
Vegan Classic Hand Tossed Large	2370	780	88	46	0	11	2.5		4950	1620	332	18	20	4	75
Vegan Classic Hand Tossed Medium	1650	550	62	32	0	8	2.0		3450	1130	230	13	14	3	52
Vegan Classic Hand Tossed Small	890	310	36	17	0	4.5	1.0		1910	640	121	7	8	2	28
Vegan Classic Pan Crust	1980	820	92	43	0	19	6		5300	4390	247	14	12		46
Vegan Classic Thin Large	1480	640	73	42	0	4.0			3930	1370	179	12	13		42
Vegan Classic Thin Medium	1040	450	51	30		3.0			2750	970	126	8	9		29
Vegan Classic Thin Small	590	250	28	16		2.0			1560	560	72	5	5		17
Vegan Spicy Italian Hand Tossed Large	2530	870	99	46	0	11	2.5		7020	1320	350	23	27	4	76
Vegan Spicy Italian Hand Tossed Medium	1780	620	70	32	0	8	1.5		4870	920	243	17	19	3	53
Vegan Spicy Italian Hand Tossed Small	980	360	41	17	0	4.5	1.0		2820	520	130	10	12	2	29
Vegan Spicy Italian Pan Crust	2110	890	100	43	0	19	6		6710	4170	260	18	18		47
Vegan Spicy Italian Thin Large	1650	740	83	42	0	4.0			5990	1080	197	17	20		43
Vegan Spicy Italian Thin Medium	1170	520	59	30		2.5			4160	750	140	12	15		30
Vegan Spicy Italian Thin Small	670	300	34	16		1.5			2460	440	81	8	9		18
Vegan Tomato Pie Hand Tossed Large	2340	750	84	45	0	7	2.5		4670	1240	343	23	29	4	67
Vegan Tomato Pie Hand Tossed Medium	1650	540	61	32	0	5	2.0		3290	870	239	16	21	3	47
Vegan Tomato Pie Hand Tossed Small	900	310	35	17	0	2.5	1.0		1820	470	127	10	12	2	25
Vegan Tomato Pie Pan Crust	1730	550	62	38					5130	4130	255	18	19		42
Vegan Tomato Pie Thin Large	1460	610	69	41	0	0			3640	990	189	16	22		35
Vegan Tomato Pie Thin Medium	1040	430	49	29					2590	710	135	12	16		25
Vegan Tomato Pie Thin Small	590	240	28	15					1470	380	78	7	10		14
Vegan White Potato Topper Hand Tossed Large	3010	1290	145	51	0	7	2.5		4830	1480	365	18	13	4	66
Vegan White Potato Topper Hand Tossed Medium	2120	920	104	36	0	5	2.0		3410	1060	254	12	9	3	46
Vegan White Potato Topper Hand Tossed Small	1160	530	59	19	0	2.5	1.0		1850	570	134	7	5	2	24
Vegan White Potato Topper Pan Crust	2450	1190	134	47	0	16	6		5250	4320	271	14	7		41
Vegan White Potato Topper Thin Large	2120	1150	130	47		0			3800	1240	212	11	6		34
Vegan White Potato Topper Thin Medium	1510	820	93	33					2700	890	151	8	4		24
Vegan White Potato Topper Thin Small	850	460	52	18					1500	490	85	4	2		13

VEGAN PIZZAS (SLICE)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)
Vegan Classic Hand Tossed Large	300	100	11	6		1.5	0		620	200	42	2	2	1	9
Vegan Classic Hand Tossed Medium	210	70	8	4.0		1.0	0		430	140	29	2	2	0	6
Vegan Classic Hand Tossed Small	220	80	9	4.5		1.0	0		480	160	30	2	2	0	7
Vegan Classic Pan Crust	250	100	12	5		2.5	1.0		660	550	31	2	1		6
Vegan Classic Thin Large	190	80	9	5		0.5			490	170	22	1	2		5
Vegan Classic Thin Medium	130	60	6	3.5		0			340	120	16	1	1		4
Vegan Classic Thin Small	150	60	7	4.0		0			390	140	18	1	1		4
Vegan Spicy Italian Hand Tossed Large	320	110	12	6		1.5	0		880	170	44	3	3	1	10
Vegan Spicy Italian Hand Tossed Medium	220	80	9	4.0		1.0	0		610	115	30	2	2	0	7
Vegan Spicy Italian Hand Tossed Small	250	90	10	4.5		1.0	0		700	130	33	2	3	0	7
Vegan Spicy Italian Pan Crust	260	110	13	5		2.5	1.0		840	520	32	2	2		6
Vegan Spicy Italian Thin Large	210	90	10	5		0			750	135	25	2	3		5
Vegan Spicy Italian Thin Medium	150	70	7	3.5		0			520	95	17	2	2		4
Vegan Spicy Italian Thin Small	170	70	8	4.0		0			620	110	20	2	2		4
Vegan Tomato Pie Hand Tossed Large (Slice)	290	90	11	6		1.0	0		580	150	43	3	4	1	8
Vegan Tomato Pie Hand Tossed Medium (Slice)	210	70	8	4.0		0.5	0		410	110	30	2	3	0	6
Vegan Tomato Pie Hand Tossed Small (Slice)	220	80	9	4.0		0.5	0		450	115	32	2	3	0	6
Vegan Tomato Pie Pan Crust (slice)	220	70	8	4.5					640	520	32	2	2		5
Vegan Tomato Pie Thin Large	180	80	9	5					460	125	24	2	3		4
Vegan Tomato Pie Thin Medium	130	50	6	3.5					320	90	17	1	2		3
Vegan Tomato Pie Thin Small	150	60	7	4.0					370	95	19	2	2		4
Vegan White Potato Topper Hand Tossed Large	380	160	18	6		1.0	0		600	190	46	2	2	1	8
Vegan White Potato Topper Hand Tossed Medium	260	110	13	4.5		0.5	0		430	130	32	2	1	0	6
Vegan White Potato Topper Hand Tossed Small	290	130	15	5.0		0.5	0		460	140	33	2	1	0	6
Vegan White Potato Topper Pan Crust	310	150	17	6		2.0	1.0		660	540	34	2	1		5
Vegan White Potato Topper Thin Large	260	140	16	6					480	150	27	1	1		4
Vegan White Potato Topper Thin Medium	190	100	12	4.0					340	110	19		1		3
Vegan White Potato Topper Thin Small	210	120	13	4.5					370	125	21	1	1		3

WINGS BONE IN	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)
BBQ Bone-In (Per Wing)	110	60	7	2.0		2.5	2.5	40	250	120	5		3	3	6
BBQ Bone-In 12	1270	760	86	23		27	31	475	3040	1440	56		41	32	68
BBQ Bone-In 6	630	380	43	11		14	16	235	1520	720	28		20	16	34
Boom Boom Bone-In (Per Wing)	140	110	12	2.5		2.5	2.5	45	230	90	1		1	1	6
Boom Boom Bone-In 12	1650	1290	146	32		27	31	530	2790	1080	17		8	8	68
Boom Boom Bone-In 6	820	650	73	16		14	16	265	1400	540	8		4	4	34
Hot Buffalo (Per Wing)	90	60	7	2.0		2.5	2.5	40	510	90	1				6
Hot Buffalo Bone-In 12	1080	760	86	23		27	31	475	6150	1080	9				68
Hot Buffalo Bone-In 6	540	380	43	11		14	16	235	3080	540	5				34
Hot Honey (Per Wing)	110	60	7	2.0		2.5	2.5	40	270	90	6		4	4	6
Hot Honey Bone-In 12	1310	760	86	23		27	31	475	3280	1080	69		53	53	68
Hot Honey Bone-In 6	650	380	43	11		14	16	235	1640	540	35		26	26	34
Mild Buffalo (Per Wing)	90	60	7	2.0		2.5	2.5	40	420	105	1				6
Mild Buffalo Bone-In 12	1120	760	86	23		27	31	475	5020	1230	17				68
Mild Buffalo Bone-In 6	560	380	43	11		14	16	235	2510	620	8				34
Oven Roasted (Per Wing)	90	60	7	2.0		2.5	2.5	40	150	90	1				6
Oven Roasted Bone-In 12	1080	760	86	23		27	31	475	1850	1080	9				68
Oven Roasted Bone-In 6	540	380	43	11		14	16	235	920	540	5				34
Parmesan Garlic (Per Wing)	130	100	11	2.5		2.5	2.5	40	330	90	2		0	0	6
Parmesan Garlic Bone-In 12	1590	1210	137	32		27	31	510	3970	1080	20		4	4	71
Parmesan Garlic Bone-In 6	800	600	68	16		14	16	255	1980	540	10		2	2	36

WINGS BONELESS	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)
BBQ Boneless (Per Wing)	70	20	2.0	0		1.0	0	15	360	95	8		3	2	5
BBQ Boneless 16	1110	290	32	5		16	5	215	5790	1490	123	5	41	32	76
BBQ Boneless 8	550	140	16	2.5		8	2.5	110	2890	740	61	3	20	16	38
Boom Boom Boneless (Per Wing)	90	50	6	1.0		1.0	0	15	350	70	5		0	0	5
Boom Boom Boneless 16	1490	820	93	15		16	5	275	5540	1130	83	5	8	8	76
Boom Boom Boneless 8	740	410	46	7		8	2.5	135	2770	570	42	3	4	4	38
Chili Crisp (Per Wing)	70	20	2.0	0		1.0	0	15	420	95	7		2	2	5
Chili Crisp 16	1100	290	32	5		16	5	215	6720	1510	111	5	28	28	86
Hot Boneless (Per Wing)	60	20	2.0	0		1.0	0	15	460	70	5				5
Hot Boneless 16	920	290	32	5		16	5	215	7280	1130	76	5			76
Hot Boneless 8	460	140	16	2.5		8	2.5	110	3640	570	38	3			38
Hot Honey Boneless (Per Wing)	70	20	2.0	0		1.0	0	15	380	70	9		3	3	5
Hot Honey Boneless 1/2lb	570	140	16	2.5		8	2.5	110	3010	570	68	3	26	26	38
Hot Honey Boneless 1lb	1140	290	32	5		16	5	215	6030	1130	136	5	53	53	76
Mild Boneless (Per Wing)	60	20	2.0	0		1.0	0	15	410	75	5				5
Mild Boneless 16	940	290	32	5		16	5	215	6580	1230	80	5			76
Mild Boneless 8	470	140	16	2.5		8	2.5	110	3290	610	40	3			38
Oven Roasted Boneless (Per Wing)	60	20	2.0	0		1.0	0	15	290	70	5				5
Oven Roasted Boneless 16	920	290	32	5		16	5	215	4590	1130	76	5			76
Oven Roasted Boneless 8	460	140	16	2.5		8	2.5	110	2300	570	38	3			38
Parmesan Garlic Boneless (Per Wing)	90	45	5	1.0		1.0	0	15	420	70	5		0	0	5
Parmesan Garlic Boneless 16	1430	740	84	15		16	5	255	6710	1130	87	5	4	4	79
Parmesan Garlic Boneless 8	720	370	42	7		8	2.5	125	3360	570	43	3	2	2	40
Plain Plant Based Boneless Wings (Per Wing)	110	60	6	1.5					310	25	9	1			4
Plain Plant Based Boneless Wings 5	540	280	32	8					1570	120	44	5			20